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Alchemy
Gallery

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LISA LARSSON

WHAT I EAT IN A DAY

September 15 - October 21 2023

Alchemy Gallery is excited to present *What I Eat In A Day*, a solo exhibition with Lisa Larsson. The luscious exhibition of hyper-real, still life oil paintings opens Friday, September 15th and runs through October 21st at Alchemy Gallery at 55 Delancey St, New York NY with an opening reception Friday September 15th 6 - 8pm.

Lisa Larsson (b.1991 Gothenburg, Sweden) studied Fine Arts at Parsons the New School in New York, where she worked on her art for 8 years, before returning back home and settling in the Swedish capital, Stockholm. Larsson's colorful works manifest a form of escapism that invites a blissful experience: a passion for life. The exhibition is a feast for the eyes. Large scale canvases showcase a menu of incredibly detailed and rich oil paintings that feature plates of pasta on messy table clothes with half drunk glasses of wine, perfectly baked loaves of sourdough, and lust-worthy cheese platters, all washed down with a bloody mary, a tall glass of lemon water, and a bunch of perfect grapes!



When asked about the series for the show Larsson shares: *What I Eat In A Day is a result of self-preservation. I have felt the ongoing pressures of the troublesome state of our world. My practice has been a sanctuary where I can escape from being overwhelmed by my brain. It has been a process of simplicity and happiness. A small and modest theme yet so instrumental to my mental health.*

Think of it as a journal of food occupying my thoughts and giving you a small insight into my self-care routine.